DIY Lava Lamp

Materials

- Small plastic water bottle
- Vegetable oil
- Water
- Food coloring
- Alka-Seltzer tablet (split in half)
- Flashlight or light on a phone

Instructions

- 1. Fill ¼ of the bottle with water.
- 2. Next, add the vegetable oil. Fill the bottle but leave about an inch at the top.
- 3. Add several drops of food coloring.
- 4. Use half of the Alka-Seltzer and put it in the water bottle. Hold a light underneath the bottle to really see the lava lamp come to life!

Extensions

- 1. Create a Glow in the Dark Lava Lamp. You will use tonic water instead of regular water (Try holding it under a black light for even better results)
 - a. Ask your child to compare the bubbles or chemical reaction between the basic lava lamp and glow in the dark lava lamp.

